

# NADIA MOSSAYD-SRO

## PSYCHOLOGIST



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- 🚗 Driving licence

### PROFESSIONAL BACKGROUND

- MASTER II IN SOCIAL PSYCHOLOGY / RESEARCH IN SOCIO-PSYCHOLOGY
- COACHING & MENTAL PERFORMANCE / PSYCHOTRAUMATOLOGY & PSYCHOPATOLOGY
- EUROPEAN CERTIFIED EMDR THERAPIST / EXPERT IN EMDR & BIPOLAR DISORDERS / PSYCHOTRAUMATOLOGY

### Psychologist – EMDR certified practitioner Europe, Family therapist, Mental coach - since 2014 Independent practice – 7 allée de Thann, Dijon

- Individual & group accompaniment: Adults, young teenagers & children, couples, family

### Professional coach, 2013 - 3 months

#### PIMMS, Dijon

- Individual coaching on the professional project of employees and the well-being at work
- Group coaching on the group cohesion: common values, mutual commitments and expectations, group presentation of the individual projects (Mediators & Direction)

### Research officer, 2010 – 2011 - 1 year

#### PLIE House of Employment & Training, Dijon

- Analysis on the social demand of 124 young people aged from 18 to 30 years old living in priority neighbourhood - Final report: Statistical & verbal analysis on the following relations: young people – structures – professionals, the brakes at the employment and the social representations
- Implementation of lines of intervention

### Psychologist - Instructor, 2009 – 10 months

#### University of Burgundy, Dijon

- Project PLIE/University/ADIA : Management of discriminations in the employment (Recruitment, TRE, path of the long term job seekers, implementation of the comprehensive review)

### Occupational Psychologist - internship 2004 – 6 months

#### Id'ées 21, Chenôve

- Study on the company relational climate, assessment on the welcome booklet of the company and so on.

### Consultant Assistant - 2003 – 4 months

#### Cabinet Alain Gavand Consultants, Dijon

- Handover and correction of psychotechnical tests, writing of observations, recruitment interview, training of interns.

### EXPERIENCES

### DIU EMDR Psychotherapy (Level I & II), Psychotraumatology and Psychopathological supplements

DU Management of children, teenagers and family with the EMDR Psychotherapy, 2023/2025, University of Lorraine, Metz

### Impact of the trauma on the child and its family, individual and relational injury and dissociation, 2024,

French Institute for EMDR

### Educational program in EMDR for Adults (Level I & II), EMDR for children (Level I & II) 2014/2021

Bipolar disorders and EMDR; Positive psychology for medical practitioner; Family Therapy, psychotraumatology

French Institute for EMDR, Paris

### EDUCATION

DU Coaching & Mental Performance, 2012/2013, University of Burgundy, Dijon

Master II Research in Socio-Psychology, 2008/2009, University of Burgundy, Dijon

Subject: "The social representation of 4 neighbourhoods in Dijon"

Master II Professional in Work Psychology, Relational Ergology 2003/2004, University of Burgundy, Dijon

Subject: "The relational climate within the company ID'EES 21 underpinned by the implementation of a quality standard such as ISO 9001"

Master in Social Psychology, 2002/2003, University of Burgundy, Dijon

Subject: "The effect of the jobseekers ethnicity on a recruitment decision"

Master in Psychology of the development of the children and the teenage, 2001/2002, University of Burgundy, Dijon

Subject: "Hypothetico-deductive logic in 12-year-old children"

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**SKILLS**

- Expert in Psychology
- Critical thinking
- Empathy & Active listening
- Emotional intelligence
- Assessment & diagnosis
- Problem solving
- Adaptability
- Analytical spirit
- Interpersonal communication
- Research
- Knowledge of Ms & Pack office
- Adobe illustrator / Outlook
- Statistica
- Open Office

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**LANGUAGES**

- **French:** Mother tongue
- **Spanish:** Good knowledge
- **English:** Good knowledge
- **Arabic:** Advanced

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**ADDITIONAL INFORMATION**

- **Lecturer & Trainer in psychology, since 2016**  
Subjects: “Heal from your inner child”, “Better relationship between parents and teenagers”, “Resilience”, “Toxic parents” and others psychology thematic.  
“La Famille D’abord” association, Dijon
- **Member of the EMDR association France**
- **Member of the Libelience EMDR association, Dijon**
- **Member of the Action EMDR Trauma association**
- **Columnist on the show "Passes le micro" of Radio Dijon Campus (2011)**
- **Training on “the Creation and Company takeover”, Chamber of Commerce and Industry, October-December (2013)**
- **Training “TalentCampus”, March, 2014**
- **Regional winner: « Talents des Cités », 2014**

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**INTERESTS**

- Psychology lecture & conferences
- Psychology training & workshops
- Psychology
- Reading
- Traveling
- Sport